TOWARD THE ONE

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Sunrise over the Walls of Chernobyl – Painting by Dieter Duhm

Photos: © TameraArts

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Dear Readers!

It has become impossible to overlook: The world is changing in Europe, too. In which direction this change will go now depends on us, on „us people“.

In spring 2021, we will publish the book „Die globale Befreiung von Angst und Gewalt. Ein Heilungsplan für die Erde“. (Global Liberation of Fear and Violence. A Healing Plan for the Earth.) It describes a strategy on how we can usher in a future in which there will be no more losers. It will be a future in which everyone has the same freedom, the same opportunity to move and develop, everyone the same right to learn and develop. - And I say this while there is more and more talk of „surveillance capitalism“ and a future „digital dictatorship“.

Abdullah Öcalan, the leader of the Kurds imprisoned in Turkey since 1999, said: „The real power of capitalist modernity is not its money or its weapons; the real power is based on its ability to suffocate all utopian ideas."

The healing plan could override this power. It describes a utopia that we can realise. It is not too late, but we must „...want and do it with all our power“ (Dieter Duhm).

It is beyond what we thought possible until now. But in order to face the current crisis, we have to push boundaries in our minds. Today it is no longer about appeals, about wishes or hopes, it is about actions that change the planet. „The Plan“ is based on a spiritual-mental foundation, on structures of our reality that can be recognised and experienced, and leads to concrete steps in its implementation. It aims at a change of consciousness which - if certain conditions are met - can and will spread globally.

It is more than a book. It is a plan. Let's realise it together!

Monika Berghoff

Hardcover, 180 S, ISBN 978-3-927266-77-3, 17,80 €
For most of us the contention that peace can arise on this war-torn planet in the foreseeable future lies so far beyond our ideas of what is possible that we would not even give it a second thought. However, just a few decades ago, almost nobody could have imagined wireless Internet and the Hubble telescope in outer space. Today serious work is being done on the colonization of Mars. With the same intelligence humanity can of course also work on the question of how fear and violence disappear from the earth. It is a question of our will and our focus.

The book is based on many years of research into the structure and functional logic of our reality. It shows how holistic systems, such as the universe, our earth or humanity, can be changed through the input of complex peace information. It describes the basic understanding and a realistic strategy to achieve a global transformation.
Le mouvement continue – pour nos enfants, pour la vie, pour l’amour et pour la libération de tous les êtres.

La chose la plus urgente dont nous avons besoin aujourd’hui est une vision de ce qui pourrait arriver dans le futur.

La plupart des futurologues pensent à de nouveaux systèmes pour l’énergie, l’alimentation, la vie urbaine, l’organisation, la communication, les marchés et la finance. Jusqu’à présent, seuls quelques visionnaires ont pensé à y inclure le monde intérieur de l’homme. À partir de là, ils ont créé des nouveaux concepts de survie pour la Terre et l’humanité. L’un d’entre eux s’appelle Dieter Duhm, psychanalyste, fondateur de projet et chef de file du débat sur l’émancipation à l’époque du mouvement de 68 en Allemagne. Aujourd’hui l’auteur présente dans ce livre un concept tout aussi profond et minutieusement conçu sur la manière dont on pourrait initier un avenir pacifique – dans le monde entier, pour tous les peuples, tous les êtres humains ainsi que pour la nature.

Ce livre est le résultat d’un unique travail de pionnier nourri de plus de quarante ans d’expérience dans la construction de communautés fonctionnelles.
Il movimento continua. Per i nostri figli, per la vita, per l’amore e per la liberazione di tutti gli esseri.

Dieter Duhm: Terra Nova. La Rivoluzione Globale et la Guarigione dell’Amore

Działamy dalej – dla naszych dzieci, życia, miłości i wyzwolenia wszelkiego stworzenia.

Dieter Duhm: Terra Nova. Globalna Rewolucja i uzdrowienie miłości
DEFEND THE SACRED
If Life Wins, There Will Be No Losers

The Grace Foundation: Defend the Sacred. If Life Wins, There Will Be No Losers.
Softcover, 148 p., 96 4-colored photos., ISBN 978-3-927266-66-7, 22,00 €
If life wins, there will be no losers

There are just a few seconds left until midnight. The foundations of our planetary life system are under extreme threat: the purity of water and air, the abundance of life in the oceans, the balance of the climate, the existence of forests, the diversity of ecosystems, and – as the foundation for all – the presence of love, trust and solidarity among human beings.

This book features women and men from all over the world who, despite everything, do not give up. They build autonomous communities, create livelihoods for whole regions, fight against the destruction of forests and the construction of dams, work for the restoration of natural cycles, green deserts and make soil fertile again. They turn slums into ecological neighborhoods, create new school systems, refuse to believe in the concept of enemies, develop global peace strategies and build social systems for the healing of love.

They know that we can only master the challenges of our times when we unite. It’s only by standing together that we’ll be able to defend what lives, what is sacred, both inside and outside ourselves.

Their contributions testify to a power, which is in the hearts of all people. The main aim of this book is to awaken and strengthen this power in more and more people around the world.
Dieter Duhm & Sabine Lichtenfels: \textit{And They Knew Each Other. The End of Sexual Violence}
HC, ca. 200 p., ca. 10 4-colored photos., ISBN 978-3-927266-62-9, 19,80 €
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» Dieter Duhm has written a seminal book that points to a new pathway for humanity. Based on decades of development at Tamera, (...) this book describes the revolutionary potential of living for the earth and for humanity in the spirit of love and nonviolence. (...) This is the way of human renewal.«
Jim Garrison

» I had read all of Dieter Duhm’s books and Terra Nova is his best yet. For me, there is no better gift of Love to spread the word for a united dream of a kinder future toward one another, globally and for our beloved Earth.«
Jacqueline Sa

» This magnificent visionary book proposes real practical solutions for building a new world. Read it and inspire yourself. Change the world!«
Andrew Harvey

Dieter Duhm, Terra Nova: Global Revolution and the Healing of Love
Translated from the German by Dara Silverman, Juliette Baigler and Martin Winiecki
HC, 224 p., 27 colored photos, ISBN 978-3-927266-54-4, 17,80 €, E-book: 978-3-927266-56-8, 8,88 €
We can realize whatever we can imagine

Based on the experience of one of the most radical communitarian experiments of our time, Dieter Duhm outlines a compelling vision and pathway towards a new global culture – a society free of violence, love free of fear, life based on trust and solidarity. Terra Nova offers profound perspectives for all those looking for alternatives to our current dominant culture.

In times when the world is full of wars and catastrophes, when resistance against the existing order soars and revolt is in the air, Dieter Duhm publishes the draft for a humane future society. Terra Nova is not a book for fast solutions and recipes; it relates to the existential questions of our times such as, “Is there still a realistic hope for a future worth living?”, “Will we survive the social and ecological crises we have brought about?”, “Will we make it?”

In his latest offering, the sociologist, psychoanalyst and co-founder of the Tamera peace research center takes a profound view into the roots of the global crisis, while at the same time pointing out foundations of planetary renewal, as they have become visible in decades of research.
There cannot be peace on Earth as long as there is war in love

In a direct and committed language Dieter Duhm describes the state of love in our culture today. He places the unsolved issues of jealousy, free love, faithfulness, longing, impotence, morals etc. at the center of the question of true non-violence and peace. From the experience of free love he develops new perspectives for a new way of living, where love between two people no longer excludes free love. He describes the philosophical and social basis for a culture in which jealousy is no longer a natural law, where sexual desires no longer have to be suppressed and where faithfulness between two lovers no longer breaks down because of a too narrow vision of love.

“Knowing love” is the term he uses for the process of developing a culture without sexual repression, fear and violence.

Dieter Duhm, Eros Unredeemed: The World Power of Sexuality.
eBook: ISBN 978-3-927266-50-6, 8,88 €
What is to do to stop global violence and to start a globalisation of peace? As to come to a well-based answer many sources of human knowledge are included, modern insights from science, politics and history, from chaos research, holography, spirituality and healing. The result is a revelation.

Here writes a human being who is, to say it with the words of the philosopher Karl Jaspers, „originally shaken“. He doesn’t spent much time with the analysis of the current state: „I get along without a definition of the evil. When I see how a civil population is being bombed apart, how one throws hand grenades into the last cellar caves in which ill people or very old people could live I don’t need a definition of the evil. “

But all the more he needs and seeks a convincing answer to the question how the global madness of violence could be replaced by a system of peace. In precise thinking steps the mental yarns of the book are picked up and composed to the “Political Theory”. A path how the seemingly impossible could become possible becomes visible. The great dream of global peace could succeed today....

Pb, 370 p, ISBN 978-3-927266-16-2, 24,90 €
eBook: ISBN 978-3-927266-51-3, 8,88 €
If we want to achieve peace on Earth, we must have an image of what peace is. What does a world look like where all people have enough to eat; where rivers can flow freely again; where children can trust adults; where conflicts no longer lead to violence, but are solved with intelligence and compassion?

The author refers to the peace research center Tamera in Southern Portugal as a model for the future, in which these and other questions are addressed as clearly, vividly and universally as possible. Away from the big laboratories, universities and major cities, future researchers find here the opportunity and structure to create their inventions under working field conditions.

This book provides an insight into the current state of Tamera’s focus in three core areas: permaculture and water landscape, solar technology and peace education.
A journey from Almendres stone circle in Portugal to the temples of Malta becomes an adventurous journey through a new version of history. Every event, every temple visit and also every difficulty unfolds under guidance, unexpected and unpredictable. The author – with her mediumistic talent – shows simply and modestly what it means to travel in full trust under divine guidance. The temples of Malta act as antennae to the past for her and transmit descriptions and pictures of the culture that had once erected these buildings. This information gives a breathtaking view into a highly developed fulfilling and sensual life – at a time where we once thought that primitive people were running around with axes!

For the author, this view into the past is simultaneously a beginning of a humane future. The Temple of Love is to be recreated in the light of modern knowledge.

“This is the path of a new Creation. Every hunger can be fed, every thirst can be quenched, and every longing carries the entelechy of its fulfilment.”

Sabine Lichtenfels

This book – prayer book and revolutionary text in one – contains 52 morning prayers. They are greeting words for a new revolutionary spirituality with the aim of supporting the transformation of both the human being and society.
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